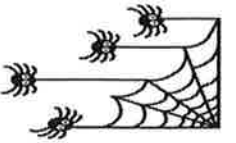


October 2021



Berwyn Dist. 98
Hot Lunch

Mon	Tue	Wed	Thu	Fri
<p>10/04/2021</p> <p>Main Entree Mini Corn Dogs</p> <p>Vegetable Jicama Green Beans</p> <p>Fruit Orange - 1/2 c</p> <p>Mustard</p>	<p>10/05/2021</p> <p>Main Entree Swedish Meatball</p> <p>Vegetable Baby Carrots Corn</p> <p>Fruit Applesauce Cup - 1/2 c</p> <p>Grain Dinner Roll - 1 oz</p>	<p>10/06/2021</p> <p>Main Entree BBQ Chicken Filet Sandwich</p> <p>Vegetable Fresh Broccoli Mashed Potatoes</p> <p>Fruit Fresh Banana - 1/2 c</p> <p>Grain Sliced Bread - 2 oz</p>	<p>10/07/2021</p> <p>Main Entree Turkey Ham & Cheese On Croissa</p> <p>Vegetable Spinach Salad Grape Tomatoes</p> <p>Fruit Craisins - 1/2 c</p> <p>Ranch Dressing Mustard</p>	<p>10/08/2021</p> <p>Main Entree Mac & Cheese With Turkey</p> <p>Vegetable Black Beans Peas</p> <p>Fruit Fresh Red Apple - 1/2 c</p> <p>Grain Sliced Bread - 2 oz</p>
<p>10/11/2021</p> <p>No School</p>	<p>10/12/2021</p> <p>Main Entree Baked Chicken Leg</p> <p>Vegetable Parsley Carrots Potato Salad</p> <p>Fruit Mixed Fruit Cup - 1/2 c</p> <p>Grain Sliced Bread - 2 oz</p>	<p>10/13/2021</p> <p>Main Entree Turkey Sloppy Joes</p> <p>Vegetable Spinach Salad Grape Tomatoes</p> <p>Fruit Mandarin Oranges Fruit Cup - 1/2 c</p> <p>Grain Hamburger Bun - 2 oz</p>	<p>10/14/2021</p> <p>Main Entree Orange Chicken</p> <p>Vegetable Peas & Carrots Fresh Broccoli</p> <p>Fruit Fresh Banana - 1/2 c</p> <p>Grain Brown Rice - 2 oz</p>	<p>10/15/2021</p> <p>Main Entree Veggie Chili</p> <p>Vegetable Cucumber Slices</p> <p>Fruit Fresh Red Apple - 1/2 c</p> <p>Grain Dinner Roll - 1 oz</p>
<p>10/18/2021</p> <p>Main Entree Nacho Puff</p> <p>Vegetable Baby Carrots Salsa Cup</p> <p>Fruit Diced Pears - 1/2 c</p>	<p>10/19/2021</p> <p>Main Entree Ravioli with Marinara Sauce</p> <p>Vegetable Steamed Broccoli</p> <p>Fruit Applesauce Cup - 1/2 c</p>	<p>10/20/2021</p> <p>Main Entree Popcorn Chicken</p> <p>Vegetable Cauliflower Crinkle Cut Fries</p> <p>Fruit Tangerine - 1/2 c</p> <p>Grain Dinner Roll - 1 oz</p> <p>Condiments Ranch Dressing</p>	<p>10/21/2021</p> <p>Main Entree Chicken Filet Sandwich</p> <p>Vegetable BBQ Three Bean Salad Baby Carrots</p> <p>Fruit Diced Peach Cup - 1/2 c</p> <p>Condiments Ranch Dressing</p>	<p>10/22/2021</p> <p>Main Entree Meatloaf and Gravy</p> <p>Vegetable Corn Mashed Potatoes</p> <p>Fruit Fresh Banana - 1/2 c</p> <p>Grain Dinner Roll - 1 oz</p> <p>Cheerios Cereal Bar - 1 oz</p>
<p>10/25/2021</p> <p>Main Entree Yogurt Cup</p> <p>Vegetable Wango Mango Juice Baby Carrots</p> <p>Fruit Raisins - 1/2 c</p> <p>Grain Sliced Bagel WG - 1 oz</p> <p>Condiments Ranch Dressing</p> <p>Dairy and Egg Products String Cheese - 1 oz</p>	<p>10/26/2021</p> <p>Main Entree Cheeseburger With Bun</p> <p>Vegetable Seasoned Potato Wedges Grape Tomatoes</p> <p>Fruit Fresh Green Apple - 1/2 c</p>	<p>10/27/2021</p> <p>Main Entree Chicken Alfredo</p> <p>Vegetable Mixed Vegetables Fresh Broccoli</p> <p>Fruit Pineapple Fruit Cup - 1/2 c</p>	<p>10/28/2021</p> <p>Main Entree Beef Taco Meat</p> <p>Vegetable Refried Beans Red Pepper Slices</p> <p>Fruit Fresh Banana - 1/2 c</p> <p>Grain Tortilla Chips - 1 oz</p> <p>Condiments Ranch Dressing</p> <p>Dairy and Egg Products Shredded Cheddar Cheese</p>	<p>10/29/2021</p> <p>Main Entree Buffalo Chicken Salad</p> <p>Fruit Fresh Banana - 1/2 c</p> <p>Condiments Ranch Dressing</p>



October 2021

Berwyn Dist. 98 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
OPEN KITCHENS <i>Serving the best</i>				
4th 2 oz SnackN Waffle, Maple 1/2 c Mixed Fruit Cup 1/2 c Orange Juice	5th 1 oz Fruity Cheerios Cereal 1 oz Bear Grahams, Chocolate 1/2 c Applesauce 1/2 c Raisins	6th 1 oz Blueberry Oatmeal Bar 1/2 c Raisins 1/2 c Orange -Pineapple Juice	7th 2 oz Coco Puffs Cereal 1/2 c Mixed Fruit Cup 1/2 c Apple Crisps	1st 1 oz Scooters Cereal 1 oz Apple Oatmeal Bar 1/2 c Fresh Banana 1/2 c Apple Crisps
11th No School	12th 1 oz Honey Bunches, Vanilla 1/2 c Fresh Red Apple 1/2 c Pineapple Juice	13th 2 oz WG Bagel Jelly Packet 1/2 c Raisins 1/2 c Orange-Pineapple Juice	14th 2 oz SnackN Waffle, Cinnamon 1/2 c Fresh Banana 1/2 c Apple Crisps	15th 1 oz Blueberry Oatmeal Bar 1 oz Animal Crackers 1/2 c Mixed Fruit Cup 1/2 c Orange Juice
18th 1 oz Chocolate Chip Muffin 1/2 c Applesauce 1/2 c Raisins	19th 1 oz Fruity Cheerios 1/2 c Fresh Red Apple 1/2 c Pineapple Juice	20th 1 oz Strawberry Oatmeal Bar 1 oz Chocolate Grahams 1/2 c Orange-Pineapple Juice 1/2 c Raisins	21st 1 oz Rice Chex 1 oz Strawberry Pop-Tart 1/2 c Fresh Banana 1/2 c Apple Crisps	22nd 1 oz Banana Muffin 1/2 c Mixed Fruit Cup 1/2 c Orange Juice
25th 2 oz SnackN Waffle, Blueberry 1/2 c Applesauce 1/2 c Raisins	26th 1 oz Scooters 1/2 c Pineapple Juice 1/2 c Fresh Apple	27th 2 oz Cinnamon Round 1/2 c Orange-Pineapple Juice 1/2 c Nectarine	28th 2 oz Coco Puffs 1/2 c Fresh Banana 1/2 c Apple Crisps	29th 1 oz Apple Oatmeal Bar 1/2 c Mixed Fruit Cup 1/2 c Orange Juice